



# PERSPEKTIVE

## Newsletter



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## Third Transnational Project Meeting in Reykjavik, Iceland

From June 2nd to 4th, 2025, the third transnational meeting of the Erasmus+ project PERSPEKTIVE took place in Reykjavik, Iceland. The event was hosted by our Icelandic partner HOFDI.

At the start of the meeting, participants gained fascinating insights into the Icelandic prison system, including a guided tour of Holmsheidi Prison led by Prison Director Halldor Valur Pálsson. Particularly impressive was the personal story of former inmate Guðmundur Ingi Thoroddson, who founded the NGO Afstada 20 years ago.

A special highlight of the second day was the visit of Tolli Morthens – Iceland's most renowned artist. Together with former inmates, he spoke openly, movingly, and powerfully about his artistic and therapeutic work with prisoners. He introduced his methods involving breathing techniques and the use of so-called "sweat lodges" which support emotional and physical self-reflection.

The following days were dedicated to the core project work: partner organizations presented chapters and content for the PERSPEKTIVE handbook and magazine, discussed the development of the European expert network, and explored strategies for dissemination. In small breakout groups, key topics such as project management, public relations, and internal networking were addressed in depth. A cultural highlight of the meeting was the excursion program, which included visits to the Hellisheidi Geothermal Power Plant, Gullfoss Waterfall, the Geysir area, the Friðheimar tomato plantation, and Thingvellir National Park – an impressive example of combining intercultural exchange with sustainability.



The meeting was a great success and made a significant contribution to the further development and strengthening of the European network within the PERSPEKTIVE project.



## E-Magazine

The German magazine "Wir im Sport" published from the State sports association North-Rhine Westphalia, published an article about the PERSPEKTIVE project and how it involves experiential activities in the prison context.

[Check it out.](#)

## Sweat Lodge Ceremony in Iceland

Perspektive Team had the chance to take part in a powerful and deeply spiritual experience: a traditional Sweat Lodge led by [Tolli Morthens](#) – Iceland's most famous artist – joined by both former inmates and non-inmates, including our Icelandic partners.

The activity made us felt physically exhausted but spiritually uplifted. And yes – jumping into a freezing cold river in between rounds definitely helped!



## Fair for trainees in Erkelenz 2025



On the fringes of the trainee fair in Erkelenz, the project partner WHKT informed more than young people on the threshold of professional life and employer representatives about the numerous opportunities offered by the Erasmus+ programme.

As a result, other stakeholders such as education providers, chambers of industry and commerce and the Federal Employment Agency have expressed a keen interest in WHKT's

engagement within prisons as part of the Erasmus+ projects PERSPEKTIVE.

## Electronic Platform for Adult Learning

EPALE is a European, multilingual, open membership community of adult learning professionals, including adult educators and trainers, guidance and support staff, researchers and academics, and policymakers.

the idea is for thematic experts (project partners and beyond) to directly share best practices, success stories and cutting-edge strategies for supporting inmates' reintegration via experiential learning.

[You can reach the PERSPEKTIVE EPALE Community here.](#)

